# Class-selective voltammetric determination of hydroxycinnamic acids structural analogs by using a $WS_2$ /catechin-capped-AuNPs/carbon black based nanocomposite sensor

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## **Abstract**

A high-performance screen printed-electrode (SPE)-based nanocomposite sensor integrating tungsten disulfide (WS<sub>2</sub>) flakes decorated with catechin-capped gold nanoparticles (AuNP-CT) and carbon black (CB) is developed. The excellent antifouling properties of WS<sub>2</sub> decorated with AuNP-CT into a high conductivity network of CB results in selectivity, sensitivity, and reproducibility in the simultaneous determination of hydroxycinnamic acid (hCN) structural analogs: caffeic (CF), sinapic (SP), and *p*-coumaric acids (CM). Using Differential Pulse Voltammetry (DPV), the target hCNs resulted in three well-resolved oxidation peaks at SPE-CB-WS<sub>2</sub>/AuNP-CT sensor. Excellent anti-fouling performance (RSD  $i_{p,a} \le 3\%$ , n = 15 for three analytes simultaneous measure) and low detection limits (CF: 0.10  $\mu$ mol L<sup>-1</sup>; SP: 0.40  $\mu$ mol L<sup>-1</sup>; CM: 0.40  $\mu$ mol L<sup>-1</sup>) are obtained despite the analyzed compounds have a high passivation tendency towards carbon-based sensors. SPE-CB-WS<sub>2</sub>/AuNP-CT sensor was successfully applied to determine CF, SP, and CM in food samples with good precision (RSD  $\le 4\%$ , n=3) and recoveries (86 – 109%; RSD $\le 5\%$ , n=3). The proposed sensor is the first example exploiting the simultaneous determination of these compounds in food samples. Given its excellent electrochemical performance, low cost, disposability, and ease of use, this SPE-CB-WS<sub>2</sub>/AuNP-CT nanocomposite sensor represents a powerful candidate for the realization of electrochemical devices for the determination of (bio)compounds with high passivation tendency.

**Keywords:** transition metal dichalcogenide; tungsten disulphide; gold nanoparticles; antifouling; carbon black; polyphenols, food analysis.

#### 1. Introduction

Polyphenols (PCs) are secondary metabolites present in vegetables and fruits and derived foodstuff [1, 2]. They are a heterogeneous class of compounds, with important in vitro and in vivo activity [3, 4], play a role in food manufacturing and conservation (markers of quality, process, and shelf-life, sensory perception, etc.), and represent an added value for marketing (e.g. functional foods, superfoods, etc.) [1, 2]. Among PCs, hydroxycinnamic acids (hCNs) are structural and functional constituents of plant cell walls. Their hydrogen and electron-donating ability, as well as capacity to delocalize/stabilize phenoxyl radicals within their structure, are closely dependent on the chemical structure and, in particular, the hydroxyl function(s) arrangement [5]. The scientific community is still working to develop easy and rapid methodologies for the quali-quantitative determination and evaluation of the reactivity of PCs. However, because of the complexity of this matter, the polyphenols analysis still lacks official methods to rely on [2].

After the boost of graphene in the analytical and materials sciences, more recently other two-dimensional graphene-like NMs started to be studied. In particular, transitions metal dichalcogenides (TMDs) have received great attention because of their chemistry, physical properties, and versatility [6–10]. However, their employment in the development of sensors for the analysis of real matrices needs to be further explored [7, 11]. The main limitation of TMDs [9] is linked both to the intrinsic low conductivity and massive tendency to the "restacking" phenomenon, regardless of the type of synthesis/exfoliation and the resulting conformation of the sheets [13]. Nevertheless, TMDs have demonstrated to be elective building blocks for the development of hybrids nanomaterials, giving rise to improved and sometimes unexpected properties [8–11]. However, despite metal nanostructure-decorated MoS<sub>2</sub> nanocomposites, have been extensively studied [8], the use of WS<sub>2</sub> has been little explored [13, 14] particularly in the sensors field [15].

The simultaneous determination of different PCs in food has been attempted using different nanocomposite-based sensors [16–18], commonly using a pre-concentration step (accumulation). In this regard, Puangjan et al. [16] reported on a PCs/ZrO<sub>2</sub>/Co<sub>3</sub>O<sub>4</sub>/reduced graphene oxide composite electrode to detect gallic, caffeic and protocatechuic acids in food samples, while multi-walled carbon nanotubes functionalized with AuNP-CT and p-aminothiophenol were used by Yola et al. [17] to assess quercetin and rutin content in fruit juices. Elçin et al. have exploited a ruthenium nanoparticle anchored calix[4]amidocrown-5 functionalized reduced graphene oxide electrode to simultaneously analyze quercetin, morin, and rutin in grape wine [18]. TMDs have been little explored in food polyphenols sensing [9, 10]. Our group has demonstrated that MoS<sub>2</sub> exhibits antifouling properties towards polyphenols detection, and, coupled with highly conductive CB, improves the electrochemical sensing—of olive oil orto-diphenols [10] and cocoa catechins [9]. Moreover, this antifouling ability has been recently confirmed in a comprehensive study, where TMDs (MoS<sub>2</sub>, MoSe<sub>2</sub>, WS<sub>2</sub>, and WSe<sub>2</sub>) demonstrated better electrochemical performance and enhanced antifouling properties, toward flavonoids oxidation, compared with carbon-based electrodes[19].

The aim of this work has been to develop a hybrid WS2-based electrochemical sensor for the simultaneous analysis of hCNs as non-flavonoid phenols. For this kind of compunds, the redox potentials and the relative contents can be considered a good measure of antioxidant activity [5]. Indeed, the electrochemistry of hCNs-based antioxidants is governed by structure-property-activity relationships. Three hCNs structural analogs with different hydroxylic moieties have been selected as target compounds: caffeic acid (CF), sinapic acid (SP), and p-coumaric acid (CM). To the best of our knowledge, there are no reports about the simultaneous determination of these compounds in the literature, despite they are commonly found in food. This can be probably attributed to: (i) the strong passivating tendency of hCNs towards carbon-based sensors [2], (ii) the poor electroactivity of SP and CM [20, 21] and (iii) the hCNs very similar structure that makes voltammetric discrimination/differentiation challenging. The SPE-CB-WS<sub>2</sub>/AuNP-CT sensor developed here takes advantage of the combination of green-synthesized catechin-based gold nanoparticles coupled with WS<sub>2</sub> nanoflakes onto a highly electroactive CB network.

# 2. Materials and methods

## 2.1 Reagents, stock solutions, and samples

Caffeic, sinapic, and *p*-coumaric acids were purchased from Sigma Aldrich (St Louis MO, USA). Potassium ferrocyanide, potassium ferricyanide, potassium chloride, sodium phosphate monobasic monohydrate (NaH<sub>2</sub>PO<sub>4</sub>·H<sub>2</sub>O), sodium phosphate dibasic anhydrous (Na<sub>2</sub>HPO<sub>4</sub>), sodium citrate, sodium borohydride, N-N-dimethylformamide (DMF), methanol, cetyltrimethylammonium chloride (CTAC 25.0% in water), hydrogen tetrachloroaurate (HAuCl<sub>4</sub>·3H<sub>2</sub>O, 99.9%), fructose, glucose, sucrose, citric acid, acetic acid, malic acid, succinic acid, tartaric acid, oxalic acid, quinic acid, and shikimic acid were purchased from Sigma Aldrich (St Louis MO, USA). Carbon black N220 was obtained

from Cabot Corporation (Ravenna, Italy). WS<sub>2</sub> (99.8%, metals basis) was purchased from Alfa Aesar (Ward Hill, MA). Polyphenol standards stock solutions were prepared in methanol at a concentration of  $1.0 \times 10^{-2}$  mol L<sup>-1</sup> and stored at -18 °C in the dark. Milli-Q water (18.2 M $\Omega$ ) was used for all the experiments. Rapeseed oil, apple puree, apple homogenized, and apple juice were purchased from a local market. Kalanchoe Crenata lyophilized leaves were purchased from a local market in Burundi.

#### 2.2 Apparatus

Cyclic Voltammetry (CV), Differential Pulse Voltammetry (DPV), and Electrochemical Impedance Spectroscopy (EIS) measures were performed by using a portable Palmsens 4 Potentiostat/Galvanostat/Impedance Analyzer (Palm Instruments BV, Houten, Netherlands) equipped with PS trace software. Screen-printed electrodes (SPE) with a three-electrode configuration (working and counter electrode of graphite, and silver as pseudo-reference electrode) from EcoBioServices (Florence, Italy) were used. Absorbance measurements were obtained using a JENWAY 6400 Spectrophotometer from Barloworld Scientific (Staffordshire, UK). Scanning electron microscopy (SEM) and energy-dispersive X-ray spectroscopy (EDX) was performed with a ΣIGMA high-resolution scanning electron microscope (Carl Zeiss Microscopy GmbH, Germany).

# 2.3 CB-WS2/AuNP-CT nanocomposites formation and electrode modification

# 2.3.1 Preparation of catechin-capped gold nanoparticles (AuNP-CT)

The AuNP-CT synthesis was carried out according to Della Pelle et al. [20, 21] with some modifications (Scheme S1). The reaction mix containing  $20 \,\mu\text{L}$  of CTAC (25.0% in water),  $50 \,\mu\text{L}$  of HAuCl<sub>4</sub>  $20 \,\text{mmol}\,\,\text{L}^{-1}$ , and  $100 \,\mu\text{L}$  of catechin 1 mmol L<sup>-1</sup> was prepared in  $100 \,\text{mmol}\,\,\text{L}^{-1}$  phosphate buffer, PB, at pH 8 in a final volume of 1 mL. The mixture was orbital stirred (at  $300 \,\text{rpm}$ ) for 2 minutes, treated with a hot bath at  $45 \,^{\circ}\text{C}$  for  $10 \,\text{minutes}$ , and then placed in ice overnight to achieve the AuNP-CT precipitation (precipitated nanoparticles can be stored for  $15 \,\text{days}$  at  $+4 \,^{\circ}\text{C}$ ). Afterward, the supernatant was removed and the nanoparticles were recovered in 1 mL of H<sub>2</sub>O. The absorbance of the obtained AuNP-CT was centered at  $540 \,\text{nm}$  (LSPR maximum), and absorbance values between  $2.0 \pm 0.1$  accepted.

# 2.3.2. WS<sub>2</sub> decoration with AuNP-CT (WS<sub>2</sub>/AuNP-CT)

Then, a 2 mg mL<sup>-1</sup> WS<sub>2</sub> dispersion was prepared in DMF, vortexed for 2 min, and treated with ultrasonic bath (3000683 Ultrasons Selecta, Barcelona, Spain) for 5 hours at low temperature (~15 °C). Afterward, the coarser part of the material was removed by centrifugation (300 g, 0.5 h). Then, 200  $\mu$ L of WS<sub>2</sub> were mixed with 800  $\mu$ L of AuNP-CT in an ultrasonic bath for 1 hour at room temperature (mixing each 20 min) and left to interact at 4 °C overnight. The obtained WS<sub>2</sub> flakes decorated with AuNP-CT were centrifuged (700 g, 5 min), and the pellet resuspended in 200  $\mu$ L of DMF (Scheme S1).

# 2.3.3. Preparation of the CB-WS<sub>2</sub>/AuNP-CT sensor

The WS<sub>2</sub>/AuNP-CT was mixed with 200  $\mu$ L of 1 mg mL<sup>-1</sup> CB dispersion (previously prepared by 1 h of sonication in DMF:H<sub>2</sub>O 1:1 according to Della Pelle et al.[9, 22]). The SPE electrodes were modified via drop-casting of 6  $\mu$ L of the nanohybrid suspension (by three different depositions of 2  $\mu$ L, each deposition preceded by 1 min of sonication).

## 2.4 Microscopic and elemental analysis

Field Emission Scanning Electron Microscopy (FE-SEM) coupled with energy-dispersive X-ray spectroscopy (EDX) was performed with a ΣIGMA high-resolution scanning electron microscope (Carl Zeiss Microscopy GmbH, Germany). The electrodes' morphological characterization was assessed on the uncoated working electrode surface, using an acceleration potential of 2 kV at a working distance of about 4 mm. Energy-dispersive X-ray analysis (EDX) was performed using a silicon drift detector (Oxford Instruments) coupled with SEM using a working distance of about 8.5 mm and an accelerating potential of 15 kV, analyzing a sampling area ranging from 0.06 to 0.09 mm<sup>2</sup>.

## 2.5. Electrochemical measurements

All the materials and the obtained nanocomposites were investigated by cyclic voltammetry (CV) and Electrochemical Impedance Spectroscopy (EIS) using a solution of 1 mmol  $L^{-1}$  [Fe(CN)<sub>6</sub>]<sup>3-/4-</sup> and 0.1 mol  $L^{-1}$  KCl. CV was performed at a scan rate of 50 mV s<sup>-1</sup>. EIS experiment was achieved using a sinusoidal wave of 5 mV amplitude in the  $10^5$  to  $10^{-1}$  Hz frequency range, setting the potential at open circuit. Nyquist plots were fitted using the Randles modified equivalent

circuit. CV and DPV were also employed to assess the electrochemical response of the sensors to the analytes (CF, SP, and CM). The measurements were carried out by depositing  $100 \,\mu\text{L}$  of the analyte solution onto the working electrode surface. CVs of polyphenols was performed with a scan rate of  $50 \,\text{mV} \,\text{s}^{-1}$ , in a potential window from -0.2 V to 0.8 V (vs. pseudo Ag/AgCl). DPVs of the analytes was performed individually and in mixture and the parameters were optimized to improve the sensitivity and the resolution (potential range between -0.1 V and 0.65 V, pulse width 50 ms, modulation amplitude  $50 \,\text{mV}$ , scan rate of  $25 \,\text{mV} \,\text{s}^{-1}$ ).

## 2.6 Samples preparation and analysis

Different samples were employed to prove the potential usability of the proposed sensor. The rapeseed oil extraction was performed according to Pirisi et al. [23], with some modifications. 6 g of rapeseed oil were dissolved in 3 mL of hexane and 6 mL of a MeOH: H<sub>2</sub>O solution (60:40 v/v); then the sample was stirred for 1 min (with vortex) and centrifuged for 5 min at 3000 rpm. Thus, the polar fraction was collected and the extraction procedure was repeated two times. Finally, the extract was washed with 6 mL of hexane and after centrifugation (3000 rpm, 5 min) the polar fraction was separated and dried by using rotavapor. The 'dried' polar fraction was recovered with 1.5 mL of MeOH:H<sub>2</sub>O solution (60:40 v/v) and stored at -20 °C in the dark. 1.0 g of the apple puree, 1.0 g of apple homogenized, 0.15 g of lyophilized kalanchoe, and 2.0 g of apple juice were dissolved in a MeOH:H<sub>2</sub>O solution (80:20 v/v) with a ratio of 1:5, 1:5, 1:33, and 1:2, respectively. The samples were treated with an ultrasonic bath for 5 minutes and stirred with an orbital shaker at 300 rpm, 30 min in the dark at room temperature. Afterward, the samples were centrifuged (700 g rpm, 5 min) and the supernatant was recovered and adjusted to the respective starting volume with MeOH:H<sub>2</sub>O solution (80:20 v/v) and stored at -20 °C in the dark. The electrochemical measurements on the extracts were carried out using DPV (section 2.5). Before analysis, the samples were diluted in 0.01 mol L<sup>-1</sup> (pH 7.0) phosphate buffer (to fit the calibration linear range) at the following ratios: 1:250 Rapeseed oil, Apple puree, Apple homogenized; 1:25 Apple juice; 1:400 Kalanchoe Crenata. As the polyphenols in samples are present in different ratios [24], the analysis of the samples has been conducted using the standard addition method. All samples were analyzed in triplicate.

#### 3. Results and discussion

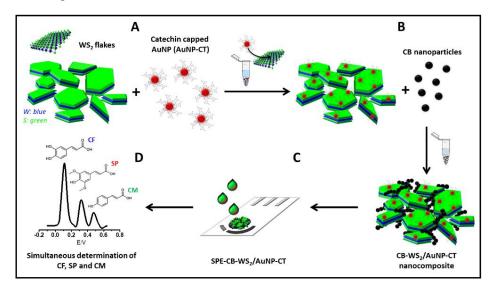
# 3.1 Sensor design

In order to develop an electrochemical sensor able to selectively measure hCNs and similar structural analogs with same hydroxyl moieties configuration in the phenolic structure, a pertinent nanomaterials-based configuration was employed. Scheme 1 illustrates the SPE-CB-WS<sub>2</sub>/AuNP-CT sensor architecture (described in detail in section 2.3).

WS<sub>2</sub> flakes decoration with AuNP-CT was carried out using a sonochemical strategy to obtain a WS<sub>2</sub>/AuNP-CT antifouling/conductive nanohybrid (Scheme 1A). During WS<sub>2</sub>/AuNP-CT decoration, the AuNP-CT solution (Fig. S1, red line), resulted completely decolored (no LSPR signal indicating that AuNP-CT were adsorbed on WS<sub>2</sub> flakes), and a well-deposited grey/rubin-red pellet (formed by WS<sub>2</sub>/AuNP-CT) was obtained (see Scheme S1). The latter, after resuspension, gives a colloidal dispersion with an LSPR maximum at  $540 \pm 7$  nm (Fig. S1, blue line), definitely indicating the presence of the two nanomaterials (confirmed in section 3.2). Finally, the decorated WS<sub>2</sub>/AuNP-CT were assembled into a highly electroactive CB network (Scheme 1B) to form the final nanocomposite (Scheme 1C), that was employed to modify the SPEs (Scheme 1D) giving rise to the SPE-CB-WS<sub>2</sub>/AuNP-CT electrochemical sensor.

Despite the decoration of non-graphene 'layered' nanomaterials (e.g. MoS<sub>2</sub>, HxTiS<sub>2</sub>, etc.) with AuNPs has been attempted using different strategies (auto assembling exploiting gold thiophilicity, electrodeposition, etc.) [8, 12, 25], the decoration of WS<sub>2</sub> with AuNPs has been explored in lesser extension [13, 14] particularly for the development of sensors [15]. In this work, the WS<sub>2</sub> decoration was attempted using AuNPs synthesized using catechin (AuNPs-CT), sodium citrate and sodium borohydride as mild reducing agent following the strategy of section 2.3.2 (schematized in Scheme S1). Only AuNP-CT with their peculiar colloidal chemistry allowed an effective WS<sub>2</sub> nanoflakes decoration. The AuNP-CT assembly in the WS<sub>2</sub> 'sheets' resulted in an enhanced conductivity with retention of antifouling properties due to WS<sub>2</sub>. On the other hand, both sodium citrate and sodium borohydride synthesized AuNPs failed to decorate the WS<sub>2</sub> flakes; this was evident by the persistence of the ruby-red colour, during the whole decoration process, indicating the failed interaction and the persistence of AuNPs in solution. This evidence points out the key role of the AuNP-CT colloidal chemistry, which allows a strong interaction with the WS<sub>2</sub> nanoflakes in the experimental conditions used. This behaviour is probably related to the 'catechins' (catechins reacted/partially reacted/polymerized)

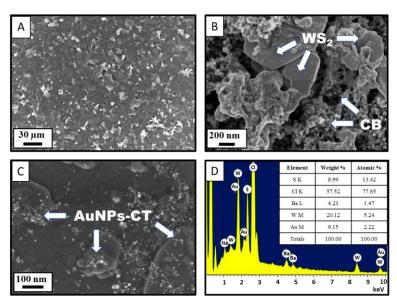
shell around the gold metal core [20, 21, 26], which allows high dispersibility in water even in the presence of DMF, and probably a lower repulsion towards the  $WS_2$  surface.



**Scheme 1.** Scheme of the SPE-CB-WS<sub>2</sub>/AuNP-CT architecture for hydroxycinnamic acid structural analogs electrochemical sensing. **A**: WS<sub>2</sub> decoration with AuNP-CT (a detailed scheme of this step is depicted in Scheme S1); **B**: assembly of WS<sub>2</sub>/AuNP-CT into CB. **C**: SPE modification with the CB-WS<sub>2</sub>/AuNP-CT nanocomposite. **D**: DPV simultaneous determination of CF, SP, and CM.

## 3.2 Morphological and electrochemical characterization

Fig. 1 reports SEM micrographs (A-C) acquired at different magnifications on the SPE-CB WS<sub>2</sub>/AuNP-CT electrode, and EDX analysis (D).

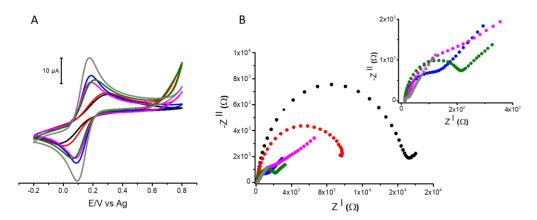


**Fig. 1** SEM at different magnifications of the SPE-CB-WS<sub>2</sub>/AuNP-CT: 1kX (**A**), 100 kX (**B**), 300 kX (**C**). EDX spectrum from SPE-CB-WS<sub>2</sub>/AuNP-CT (**D**).

Fig. 1A depicts the uniform distribution of all the nanocomposite components and the total coverage of the electrode surface. Looking at micrographs with higher magnification (Fig. 1B), it is possible to evidence the presence of WS<sub>2</sub> flakes with a broad size distribution centered at around 800 nm (mean size calculated on more than 100 WS<sub>2</sub> flakes). CB primary particles are also visible in Fig. 1B, revealing the co-presence of the components and their 'interaction' while their pristine morphology is fully retained. This behaviour can be attributed to the flakes-like conformation of WS<sub>2</sub> that favors their floating to the surface [9, 10]. The presence of AuNP-CT with a size distribution centered at around  $5 \pm 1$  nm (particle size distribution in Fig. S3B calculated on ~200 AuNP-CT, using 300 kX magnifications SEM images) is further assessed by the micrograph at higher magnification (300 kX) in Fig. 1C and confirmed by EDX

analysis (Fig. 1D); where the amount of Au with respect to W was found around 0.4:1.0. Additional SEM micrographs are reported in Fig. S2 to better visualize the morphology of the obtained electrodes. The catechin ability to give rise to AuNPs stabilized by the same 'reacted-catechin' (localized in the AuNPs shells) has also been proved [20, 21, 26], and the formation of a 'catechins' layer on the surface of gold nanoparticles has been demonstrated by Raman spectroscopy [27] and microscopic analysis [28]. In addition, the ability of tea catechins to interact with the  $WS_2$  in solution, during the exfoliation phase, has been reported as well [29]. In this study, catechins acting as surfactants, demonstrated to assist the sonication-assisted aqueous exfoliation of TMDs enhancing the TMDs sheets water-dispersibility.

On the other hand, the electrochemical behaviour of the modified electrodes were investigated by cyclic voltammetry (CV). Fig. 2A shows CVs of 1 mmol L<sup>-1</sup> [Fe (CN)<sub>6</sub>]  $^{3-/4-}$  at bare SPE, SPE-WS<sub>2</sub>, SPE-CB, SPE-WS<sub>2</sub>/AuNP-CT, SPE-CB-WS<sub>2</sub>, and SPE-CB-WS<sub>2</sub>/AuNP-CT. To better understand the contribution of each component in the final nanocomposite, the heterogeneous rate constant ( $k^0$ ) was calculated using the Nicholson method (for details see ESM 2, Fig. S4) [30, 31]. The obtained electrochemical features are listed in Table S1.



**Fig. 2** Electrochemical characterization of the set of electrodes: (**A**) cyclic voltammograms at 50 mV s<sup>-1</sup> and (**B**) electrochemical impedance spectra (inset reports the Nyquist plot magnification at low frequencies region). Conditions: 1 mmol L<sup>-1</sup> [Fe(CN)<sub>6</sub>]<sup>3-/4-</sup> redox probe in 0.1 mol L<sup>-1</sup> KCl (pH 7.0). The code colour-based legend is as follows bare SPE (black), SPE-WS<sub>2</sub> (red), SPE-CB (blue), SPE-WS<sub>2</sub>/AuNP-CT (violet), SPE-CB-WS<sub>2</sub> (green), and SPE-CB-WS<sub>2</sub>/AuNP-CT (grey).

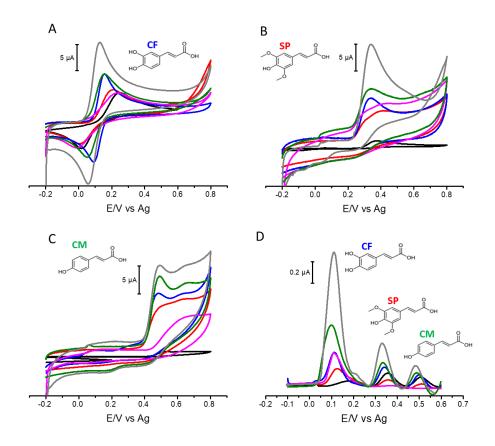
Fig. 2A (see also Table S1) indicate higher electrocatalytic activity with faster electron-transfer (highest  $k^0$ ) kinetics for the SPE-CB-WS<sub>2</sub>/AuNP-CT. In particular,  $k^0$  values follow this trend: SPE < SPE-WS<sub>2</sub> < SPE-CB-WS<sub>2</sub> < SPE-WS<sub>2</sub>/AuNP-CT < SPE-CB < SPE-CB-WS<sub>2</sub>/AuNP-CT, clearly indicating the contribution of both CB and AuNP-CT in the improvement of the final nanocomposite performance. In order to prove the enhanced properties of WS<sub>2</sub> decoration with AuNP-CT following the proposed sonochemical strategy, the WS<sub>2</sub> decoration has also been attempted via direct drop-casting of AuNP-CT. Nevertheless, worse electrochemical performances were obtained (see Table S2).

Then, EIS was employed to further characterize the interfacial properties of the whole set of electrodes. The data have been fitted considering the Randless equivalent circuit (Fig. 2B). As expected, the higher charge-transfer resistance ( $R_{ct}$ ) was obtained with the bare SPE ( $R_{ct}$ =1.6×10<sup>4</sup>  $\Omega$ ), followed by the SPE-WS<sub>2</sub> ( $R_{ct}$ =9.2×10<sup>3</sup>  $\Omega$ ). The latter little  $R_{ct}$  decrease has been already reported for TMDs modified SPEs, in which TMDs acts as a semi-conductor not allowing strong  $R_{ct}$  decrease [7, 8], while  $R_{ct}$  values of 2.3×10<sup>3</sup>, 2.1×10<sup>3</sup>, 9.8×10<sup>2</sup>, and 2.8×10<sup>2</sup>  $\Omega$  were obtained with the SPE-CB-WS<sub>2</sub>, SPE-WS<sub>2</sub>/AuNP-CT, SPE-CB, and SPE-CB-WS<sub>2</sub>/AuNP-CT, respectively. Interestingly, the final nanocomposite (CB-WS<sub>2</sub>/AuNP-CT) significantly decreases  $R_{ct}$  even in comparison with CB-based electrodes, which are highly conductive transducers [32–35].

Therefore, the AuNP-CT decoration significantly improves the electrochemical performances of WS<sub>2</sub>, and the combination of AuNP-CT and CB results in a synergistic effect that further promotes  $[Fe(CN)_6]^{3-/4}$  electron transfer.

#### 3.3. Electrochemical behaviour of cinnamic acid hydroxy-derivatives

Fig. 3 A-C reports the cyclic voltammograms obtained for the target hCNs, while Fig. 3D shows the differential pulse voltammograms of a mixture containing CF, SP, and CM.



**Fig. 3** Cyclic voltammograms at 50 mV s<sup>-1</sup> of 0.1 mmol L<sup>-1</sup> CF (**A**), 0.2 mmol L<sup>-1</sup> SP (**B**) and 0.2 mmol L<sup>-1</sup> CM (**C**) in 0.1 mmol L<sup>-1</sup> PB + 0.1 KCl (pH 7.0) at the set of modified electrodes. (**D**) Differential pulse voltammograms (pulse width 50 ms, modulation amplitude 50 mV, scan rate of 25 mV s<sup>-1</sup>) of a mixture containing CF, SP and CM 20  $\mu$ mol L<sup>-1</sup> each in 0.1 mmol L<sup>-1</sup> PB + 0.1 KCl (pH 7.0) at the set of modified electrodes. The code colour-based legend is as follow: bare SPE (black line), SPE-WS<sub>2</sub> (red line), SPE-CB (blue line), SPE-WS<sub>2</sub>/AuNP-CT (violet line), SPE-CB-WS<sub>2</sub> (green line), and SPE-CB-WS<sub>2</sub>/AuNP-CT (grey line).

The CV anodic peaks obtained at SPE-CB-WS<sub>2</sub>/AuNP-CT are significantly higher than those obtained at bare SPE for all hCNs, in particular, 20, 13 and 25-folds for the CF, SP, and CM, respectively. In all cases, the oxidation potential is lower ( $E_{p,a}$ : CF 127 mV, SP 340 mV, and CM 491mV) with respect to the bare SPE ( $E_{p,a}$ : CF 244 mV, SP 380 mV, and CM 540 mV), revealing an electrocatalytic effect for hCNs detection.

CF reversibility improves using the SPE-CB-WS<sub>2</sub>/AuNP-CT ( $\Delta$ E 68mV vs.  $\Delta$ E 220mV of the bare SPE) in comparison with the individual nanomaterials-modified electrodes. Noteworthy, the WS<sub>2</sub> itself (SPE-WS<sub>2</sub>) gives rise to significantly higher oxidation peaks, compared to the bare electrode (SPE), in particular for the poorly reversible analytes SP and CM. This behaviour indicates a capacity of the WS<sub>2</sub> to interact with the target hCNs. However, WS<sub>2</sub> by itself returns broadened and little defined peaks, while more defined and higher oxidation peaks, occurring at lower potentials, can be detected for the hybrid CB-WS<sub>2</sub> sensor. This improvement is more pronounced in the presence of AuNP-CT (SPE-CB-WS<sub>2</sub>/AuNP-CT), because of the higher conductivity of the hybrid nanocomposite.

The electrochemical behaviour of the whole set of electrodes was also evaluated after consecutive CVs (n=5) in the presence of 0.1 mmol L<sup>-1</sup> CF and 0.2 mmol L<sup>-1</sup> SP and CM. The voltammetric current retention (calculated comparing the first and the last scan) resulted to be  $\geq 9\%$  for SPE,  $\geq 95\%$  for SPE-WS<sub>2</sub>,  $\geq 49\%$  in the case of SPE-CB,  $\geq 93\%$  for SPE-WS<sub>2</sub>/AuNP-CT,  $\geq 91\%$  for SPE-CB-WS<sub>2</sub>, and  $\geq 94\%$  for SPE-CB-WS<sub>2</sub>/AuNP-CT. These data indicate the WS<sub>2</sub> ability to decrease permanent fouling of the sensor. Interestingly, this feature was also observed with mono-phenolic compounds (SP and CM), classically characterized by a very strong passivating tendency on carbon electrodes [2].

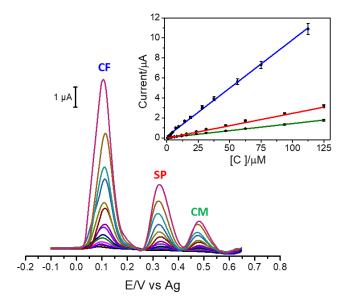
Fig. 3D reports the DPVs of a mixture of CF, SP, and CM obtained using bare SPE, SPE-WS<sub>2</sub>, SPE-CB, SPE-WS<sub>2</sub>/AuNP-CT, SPE-CB-WS<sub>2</sub>/AuNP-CT. The SPE-CB-WS<sub>2</sub>/AuNP-CT exhibits three sharp peaks at 110 mV, 330 mV, and 490 mV for CF, SP, and CM, respectively. Using the SPE-CB-WS<sub>2</sub>/AuNP-CT, an impressive

current intensity was obtained for CF, 24.0-fold higher than the bare electrode, 3.5-fold higher than SPE-CB, and 2.0-fold higher than SPE-CB/WS<sub>2</sub>. Moreover, clear improvements were obtained even for SP (3.4-fold SPE, 2.3-fold SPE-CB, 1.8-fold SPE-CB/WS<sub>2</sub>) and CM (3.0-fold SPE, 2.2-fold SPE-CB, 1.5-fold SPE-CB/WS<sub>2</sub>).

These data demonstrate the synergistic effect of the CB-WS<sub>2</sub>/AuNP-CT nanocomposite (in terms of selectivity, sensitivity, and fouling resistance) proving its capability for the simultaneous detection of CF, SP, and CM. As it was stated in the introduction section, the voltammetric simultaneous determination of CF, SP, and CM has been not reported in the literature and their determination is classically obtained with separative methods. Probably, this lack of electrochemical methods is related to the hCNs high passivating tendency.

## 3.4 Analytical performance of the SPE-CB-WS2/AuNP-CT electrochemical sensor

Fig. 4 illustrates the simultaneous calibration voltammograms for the target hCNs obtained using the SPE-CB-WS $_2$ /AuNP-CT.



**Fig. 4** Differential pulse voltammograms for the simultaneous calibration of CF (0.3-112.0  $\mu$ mol L<sup>-1</sup>), SP (1.2-125.0  $\mu$ mol L<sup>-1</sup>), and CM (1.3-125.0  $\mu$ mol L<sup>-1</sup>) at SPE-CB-WS<sub>2</sub>/AuNP-CT sensor. Insets: calibration plots for CF (blue line), SP (red line), and CM (green line) (n=15 assayed concentrations, n=3 replicates each). Conditions: 0.1 mmol L<sup>-1</sup> PB + 0.1 KCl, pH 7.0; pulse width 50 ms, modulation amplitude 50 mV, scan rate of 25 mV s<sup>-1</sup>.

Table 1 lists the obtained analytical features. Very good linear concentration ranges and suitable LODs were obtained for the three hCNs. Noteworthy, the concomitant presence of the three targets hCNs had not severe influence on the whole calibration performance (the individual calibrations of the hCNs target are reported in Fig. S5).

**Table 1.** Calibration equations and analytical features for individual (top) and simultaneous (bottom) determination of the target hCNs at SPE-CB-WS $_2$ /AuNP-CT.

Analyte	Linear range (µmol L <sup>-1</sup> )	Linear equation $(y=i_{p,a}/\mu A; x=[analyte]/\mu mol L^{-1})$	$\mathbb{R}^2$	LOD (µmol L <sup>-1</sup> )	LOQ (µmol L <sup>-1</sup> )
Caffeic acid <sup>a</sup>	0.3-200.0	y=0.0869x-0.0473	0.9998	0.10	0.30
Sinapic acid <sup>a</sup>	0.6-300.0	y=0.0309x-0.0458	0.9996	0.20	0.60
p-Coumaric acid <sup>a</sup>	0.9-175.0	y=0.0186x-0.0019	0.9990	0.30	0.90
Caffeic acid <sup>b</sup>	0.3-112.0	y=0.0945x+0.1564	0.9990	0.10	0.30
Sinapic acid <sup>b</sup>	1.2-125.0	y=0.0250x+0.0198	0.9990	0.40	1.20
p-Coumaric acid <sup>b</sup>	1.3-125.0	y=0.0141+0.0211	0.9990	0.40	1.30

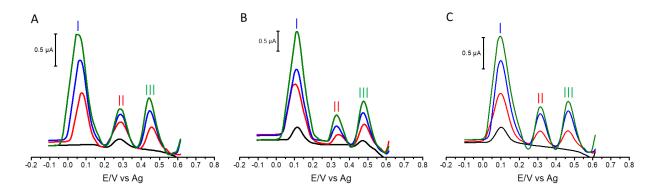
<sup>&</sup>lt;sup>a</sup>Data obtained increasing the concentration of one analyte, keeping constant the concentrations of the other two hCNs. <sup>b</sup>Data obtained increasing the three analytes concentrations simultaneously (n=3)

Individual and simultaneous determination of SF, SP, and CM return repeatable results (RSD  $i_{p,a} \le 3\%$ , n=3) and a very good inter-electrodes precision (RSD  $i_{p,a} \le 4\%$ , n=10), indicating a reproducible and robust fabrication strategy. Long-term stability was also tested for 6 months (control every week), checking the DPVs responses of the sensor towards CF, SP, and CM assayed simultaneously. The responses of the SPE-CB/WS<sub>2</sub>-AuNP-CT sensor slightly decrease in the first two months to 95% and remain stable for the following 4 months (up to 94%).

To further prove the SPE-CB-WS<sub>2</sub>/AuNP-CT antifouling ability even in the case of simultaneous analysis of the studied hCNs, DPVs of the ternary mixture at fixed concentrations (CF, SP, and CM 20.0  $\mu$ mol L<sup>-1</sup> each) have been run before and after the whole set of measurements (n=15) (Fig. S6). The signal retention obtained has been 98%, 97%, and 97% for CF, SP, and CM, respectively, confirming the electrode ability to avoid permanent passivation, commonly caused by these compounds.

## 3.4 Simultaneous determination of CF, SP, and CM in food samples

In order to prove the applicability of the SPE-CB-WS<sub>2</sub>/AuNP-CT sensor, five commercial products (rapeseed oil, Kalanchoe Crenata, apple puree, apple homogenized, and apple juice) were analyzed. Fig. 5 shows the obtained voltammograms.



**Fig. 5** Differential pulse voltammograms for sample analysis at SPE-CB-WS<sub>2</sub>/AuNP-CT sensor. Class-selective hCNs-based determination in food samples: rapeseed oil extract ( $\bf A$ ), kalanchoe Crenata ( $\bf B$ ) and apple juices ( $\bf C$ ); Peak I (CF equivalents), Peak III (SP equivalents), Peak III (CM equivalents). Samples spiked with three increasing concentrations of the mixture of CF, SP, and CM (unspiked samples: black line). Spiked samples, CF, SP, and CM concentration, respectively: 5, 10, and 15 μmol L<sup>-1</sup> (red line); 10, 20, and 30 μmol L<sup>-1</sup> (blue line); 15, 30 and 45 μmol L<sup>-1</sup> (green line). Conditions: 0.1 mmol L<sup>-1</sup> PB + 0.1 KCl, pH 7.0; pulse width 50 ms, modulation amplitude 50 mV, scan rate of 25 mV s<sup>-1</sup>.

For the sake of clarity, we need to take into account that in nature polyphenols are never found as single compounds, but they are always present in complex mixtures in different ratios. Therefore, the DPVs signals obtained have been assigned not only to the individual hCNs standard but also to the combined effect of other analogous structures (i.e. same hydroxyl moieties arrangement in the phenol structure) potentially present in the samples. Thus, this method should be considered as a class selective index, able to return information on the polyphenols structure and amount. In particular, with the proposed sensor an hCN-based triple index can be obtained, able to discriminate hCN with different hydroxylic functions arrangement and therefore different antioxidant capacity. Thus, the proposed indexes result able to simultaneously discriminate i) CF equivalents (Peak I), orto-diphenols structures that are oxidized at lowest oxidation potential ( $E_{p,a} \sim 110 \text{ mV}$ ), possessing higher antioxidant capacity; ii) SP equivalents (Peak II), monophenols with a 4-

hydroxy-3,5-dimethoxy structure, detected at an intermediate oxidation potential ( $E_{p,a} \sim 330$  mV), with intermediate antioxidant capacity; iii) SP equivalents (Peak III), monophenols, with higher oxidation potential ( $E_{p,a} \sim 490$  mV) and lower antioxidant capacity. This index results fully consistent with the literature, where the antioxidant capacity series of PCs follows the trend o-diphenols>methoxy-substituted monophenols>monophenols [20, 21]. Thus, in this case, the oxidation potential and the peak intensity can return qualitative and quantitative information on the antioxidant capacity. For this reason, this approach may result particularly appealing for samples rich in cinnamic acids and polyphenols with similar structures but different antioxidant capacities. Therefore, as shown in Fig. 5, samples-endogenous polyphenols can be classified with the proposed indexes. Table 2 lists the hCNs-equivalents quantitative levels obtained for sample analysis.

**Table 2.** Determination of hCNs equivalents in food samples.

Sample <sup>a</sup>	Added (µmol L-1)		Found	Found (µmol L-1)		Recov	Recovery (%)			RSD (%)		
	CF	SP	CM	CF	SP	CM	CF	SP	CM	CF	SP	CM
Rapeseed oil	-	-	-	3.3	6.3	<lod< td=""><td>-</td><td>-</td><td>-</td><td>4</td><td>2</td><td>-</td></lod<>	-	-	-	4	2	-
-	5	10	15	8.7	16.6	15.2	108	103	101	3	4	1
	10	20	30	14.1	24.5	32.5	108	91	109	1	3	3
	15	30	45	18.9	32.2	43.7	104	87	97	1	2	5
Kalanchoe Crenata	-	-	-	5.3	<lod< td=""><td>13.5</td><td>-</td><td>-</td><td>-</td><td>3</td><td>-</td><td>3</td></lod<>	13.5	-	-	-	3	-	3
	5	10	15	10.0	10.4	29.4	94	104	106	4	4	3
	10	20	30	14.6	17.7	46.0	95	89	109	4	4	3
	15	30	45	18.6	29.6	59.0	86	99	101	1	3	2
Apple juice	-	-	-	3.5	<lod< td=""><td>2.4</td><td>-</td><td>-</td><td>-</td><td>4</td><td>-</td><td>4</td></lod<>	2.4	-	-	-	4	-	4
••	5	10	15	8.6	9.3	16.0	102	93	91	2	3	4
	10	20	30	12.6	21.1	32.8	91	105	101	1	2	3
	15	30	45	16.9	27.8	42.3	89	93	87	1	4	4
Apple puree	-	-	-	8.2	<lod< td=""><td>1.2</td><td>-</td><td>-</td><td>-</td><td>1</td><td>-</td><td>3</td></lod<>	1.2	-	-	-	1	-	3
	5	10	15	13.1	8.7	15.4	98	87	94	1	3	4
	10	20	30	18.7	20.1	35.9	105	100	88	1	4	4
	15	30	45	24.2	26.0	42.4	109	87	94	1	4	3
Apple homogenized	-	-	-	5.3	<lod< td=""><td><lod< td=""><td>-</td><td>-</td><td>-</td><td>2</td><td>-</td><td>-</td></lod<></td></lod<>	<lod< td=""><td>-</td><td>-</td><td>-</td><td>2</td><td>-</td><td>-</td></lod<>	-	-	-	2	-	-
	5	10	15	10.5	9.0	13.4	104	90	89	4	3	3
	10	20	30	14.2	17.3	27.3	90	87	88	2	4	4
	15	30	45	21.6	26.5	39.2	109	88	87	1	4	4

<sup>&</sup>quot;Data expressed as mean value, n=3.

As expected, among the analyzed compounds, only those having CF-like structures are found in all the samples [24], while SP is detected only in rapeseed oil. Indeed, in the literature, it is reported that SP and compounds with SP moiety are the main phenols in rapeseed. CM is present at high concentration only in the Kalanchoe Crenata, while it has lower concentrations compared to other endogenous polyphenols in the other samples. In all cases, the CF, SP, and CM peaks appear at potentials close to the standards with an  $E_{p,a}$  standard deviation  $\leq 9$  mV, making the peaks assignment easy and reliable. Moreover, a very good intermediate precision was obtained for all the analyzed samples (RSD  $\leq 4$ , n = 3).

Recovery studies were also carried out to demonstrate the sensor's accuracy and capabilities for reliable quantitation of the hCNs-equivalents in food samples. Table 2 reports the recovery levels and the precision obtained with the investigated samples. The obtained values ranged from 86% to 109%, with RSD  $\leq$  5%, revealing an acceptable accuracy, taking into account the complexity of the samples. In addition, the spiked samples, CF, SP, and CM exhibit the same  $E_{p,a}$  of the standards (SD  $\leq$  7 mV). These data unambiguously prove that the proposed sensor is suitable for food samples analysis.

The influence of potential interference effects caused by species commonly found in these samples was also examined. To this aim, the main ions, sugars, and organic acids were studied, choosing the concentrations of the potential interferents according to literature data [36, 37]. The tolerable signal perturbation limit has been settled at a relative peaks variation maximum of 5%. The main sugars (fructose, glucose, and sucrose) at 50-fold excess with respect to the values found in samples failed to interfere. In addition, as expected, no interference has been found using up to 200-fold excess of Na<sup>+</sup>, K<sup>+</sup>, Mg<sup>2+</sup>, Ca<sup>2+</sup>, Cl<sup>-</sup>, and HCO<sub>3</sub><sup>-</sup>. Among the organic acids, citric, acetic, malic, succinic, tartaric, oxalic, quinic, and shikimic acids, up to 100-fold, their usual concentrations failed to interfere; above these concentrations, pH changes can perturb the measurement. Ascorbic acid can potentially react with the sensor at high concentrations due to its reducing activity. Nevertheless, in the studied samples, ascorbic acid is naturally present at low levels compared with

PCs. Thus, considering the sample concentrations and the dilution required to assay the samples (at least 25-folds), ascorbic acid does not interfere in the CF, SP, and CM measurement, up to 25-folds its average content in the studied samples. In conclusion, no interferences are found, indicating the selectivity for the simultaneous determination of hCNs analogs.

On the other hand, Table 3 summarizes the main features of nanomaterial-based electrodes employed for direct (without accumulation step) simultaneous phenolics acid classes determination.

**Table 3.** Nanomaterial-based electrodes for simultaneous phenolics acid classes determination.

Electrode/ Nanomaterial	Technique	Sample	Analyte	Linear range (µmol L <sup>-1</sup> )	LOD (µmol L <sup>-1</sup> )	Fouling resistance (i <sub>p,a</sub> decrease)	Ref.
CPE-NiTiO <sub>3</sub>	DPV	Peeling skin lotion	o-hydroxybenzoic acid, p-hydroxybenzoic acids	10-90, 10-90	0.38, 0.10	5%, n=15	[38]
PTE-CB	DPV	Olive oil	Ortho-diphenols, mono-phenols	10-75, 10-75	6.0, 20.0	12%, n=26	[35]
GCE-polyPCV/f- SWCNTs	DPV	Cognac and brandy	Gallic acid, ellagic acids	0.75-10, 0.75-10	0.11, 0.12	-	[39]
GCE-rGO	SWV	Mango Juice	Gallic acid, protocatechuic acids	20-144, 20-166	30.8, 10.2	5%, n=10	[40]
SPE-CB- WS <sub>2</sub> /AuNP-CT	DPV	Rapeseed oil, Kalanchoe Crenata, Apple juice, puree, and homogenized	Caffeic acid, sinapic acid, p-coumaric acid	0.4-112.5, 0.7-125.0, 1.4-93.7	0.09, 0.36, 0.39	3%, n = 15 (three analytes simultaneous determination)	This work

"CPE-NiTiO<sub>3</sub>: carbon paste electrode modified with nickel titanate nanoceramic; PTE-CB: Press-transferred carbon black electrode; GCE-polyPCV/f-SWCNTs: glassy carbon electrode modified with polyaminobenzene sulfonic acid functionalized single-walled carbon nanotubes; GCE-rGO: glassy carbon electrode modified with reduced graphene oxide.

The results obtained in the present study compared to other nanomaterials-based electrodes demonstrate better or comparable performances in terms of LOD, linear range, and reusability (in terms of fouling resistance). However, no works regarding the simultaneous detection and determination of CF, SP, and CM have been found, and most of them concern the simultaneous determination only of two phenolic acid classes. Furthermore, even when individually analysed, little evidence are provided regarding the fouling resistance, that, for the compounds analyzed in this work results to be the main analytical limitation. In our opinion, the latter drawback is the main reason for the absence of electroanalytical approaches devoted to the simultaneous measurement of hCNs.

Definitely the 'electrochemical approach' still remains attractive to study PCs 'antioxidant capacity'. Indeed, conceptually speaking, the 'electrochemical approach' can return qualitative and quantitative information regarding antioxidant capacity, since phenols 'oxidations' obtained at lowest potentials are inherently correlated with high antioxidant capacities [41, 42]. This valuable information is not obtainable with classic spectrophotometric methods. On the other hand, despite the chromatographic methods enable to assess polyphenols composition and content, they are not able to evaluate the antioxidant capacity (neither total as well as of classes of compounds)[43]. Thus, in our opinion, taking advantage of a new generation of nanomaterials with amazing and under exploited *hidden* features, the electrochemical approach could result more and more competitive and spendable in lab and in field in the near future.

#### 4. Conclusions

A high-performance electrochemical sensor based on WS<sub>2</sub> decorated with AuNP-CT and supported in a CB network was successfully developed and applied to the simultaneous determination of a three hCNs-based polyphenolic-class index (accordingly to the hydroxyl moieties arrangement in the phenol structure) in food samples. The proposed sensor takes advantage of the AuNP-CT metallic properties, demonstrating electroactivity towards hydroxyl moieties through assembly in the WS<sub>2</sub> flakes that result in an enhanced conductivity with an exceptional antifouling activity due to WS<sub>2</sub>. The final assembly of WS<sub>2</sub>/AuNP-CT into CB network exhibited a further conductivity enhancement without loss of antifouling performance. The nanomaterial-based synergistic effect of the sensor results in enhanced selectivity, sensitivity, and reproducibility in the simultaneous determination of class-selective hCNs structural analogs in food samples. Given its excellent electrochemical performance, together with its low cost, disposability, and ease of use, this SPE-CB-WS<sub>2</sub>/AuNP-CT nanocomposite based sensor represents a powerful candidate for the development of electrochemical devices for the determination of (bio)compounds with high passivation tendency.

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Conflict of Interest: the authors declare that they have no conflict of interest

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